## November / December 2024



The bimonthly newsletter of Beauaraba Living ~ for residents, members and wider community



Find us on: facebook。 November / December 2024 *in this issue* Executive Team Report, Board News, Lifestyle Resident Activities, Word Search, Residents' Charter of Aged Care Rights Colour me in, plus all your regular features.





## OPENING HOURS CONTACT DETAILS

Please note, we are currently not accepting any new patients, at this time. Clinical hours may be reduced on Wednesday & Fridays. We thank you for your understanding.

Beauaraba Medical Centre Phone 07 4619 8412

Monday:	CLOSED
Tuesday:	8:00am - 5:00pm
Wednesday:	8:00am - 5:00pm
Thursday:	8:00am - 5:00pm
Friday:	8:00am - 5:00pm

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## **PITTSWORTH PLAZA CHEMIST** Next to Woolworths Supermarket

Shop 8

122—126 Yandilla Street Pittsworth Qld 4356

Phone-07 4693 1855

Mon-Fri : 8.30am to 5.30pm Sat: 8.30am to 12.30pm





**Prescriptions \* Home Medication Reviews \* Vitamins** 

## Group Reading -

## **Tattler**



The Residents really appreciate the volunteers and staff who consistently offer many varied activities for our selection.



Residents of Beauaraba.









#### CEO and Leadership Team ...





Welcome to the last edition for 2024, Seniors' month October in Queensland saw us celebrate the elders of our community with a variety of activities including an amazing concert from Cathy Drummond. It was wonderful to see the dancing, singing and joy on the faces of those who attended.

Melbourne Cup saw a flurry of activity and all enjoyed the activities throughout the day, culminating in gathering together to watch

the great race. Some had a win and for some of us our horses are still running.

In November we held our Annual General Meeting, a wonderful opportunity to update the community on happenings here at Beauaraba Living. This is also the time of year that we submit many of our annual reporting requirements to the various government agencies.

Speaking of agencies, after an amazing body of work, the Beauaraba team have just submitted our reaccreditation application to the Australian Aged Care Quality and Safety Commission and we are looking forward to welcoming them onsite sometime within the next 6 months.

November will also see us welcome Elvis, as Elvis tribute artist, Tristan James, again visits to entertain residents and staff.

We thoroughly enjoyed having a stand at the Pittsworth Health & Lifestyle Expo, meeting many members of our community and engaging in conversation. It was also wonderful to connect with the many other likeminded service providers who also participated on the day. This was Brad's first chance to see the bus in action firsthand as several residents attended the day.

We are currently working through the steps to obtain access to the My Health Record to further improve resident care. Please look out for the letter with more details that will be issued shortly. Our aged care, home is where the heart is ...

After 18 years with the organisation Kate has decided to retire at the end of November and we thank her for all of her contributions to Beauaraba Living and wish her well for the next chapter in life.

## On behalf of all the residents, and staff of Beauaraba Living we wish you all a safe and happy Christmas season, Until 2025 remember,

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## HELP US TO HELP YOU Tell us what we do well, how we can improve! If you have any suggestions or comments, please contact: **Chef Executive Officer Beauaraba Living 10 Weale Street** Pittsworth Qld 4356 Ph: 4619 8422 Fax: 4619 8400 Email:enquiries@beauarabaliving.org.au **Board Chair** Mr Wayne Saal 0429 955 892 Follow Beauaraba Living on Facbook Beauaraba Lívíng Auxílíary **Op Shop Opening Hours** Monday 9 am to 4 pm Tuesday 9 am to 4 pm Wednesday 9 am to 4 pm Thursday 9 am to 4 pm Friday 9 am to 4 pm 9 am to 11.30 am Saturday New Volunteers are Welcome Drop in § see us at the Opportunity Shop Donations gratefully accepted, Note—Furniture by prior arrangements only. Shop Phone—4693 2530 94 Yandiilla St, Pittsworth

# **BEAUARABA LIVING FOUNDATION** Tree of Reflection Have you thought of purchasing a leaf? For *\$150 per leaf* you can honor your loved one's memory. For an application and details,

call to the admin office or email enquiries@beauarabaliving.org.au OR call in or drop by to see the Tree of Reflection for some inspiration.

Thank you for your support !

Suggestion Box: Please also remember you can fill out a feedback form found with the Suggestion Boxes which are situated in all the foyers. Staff on duty can assist you if required. These forms can then be placed inside the box for daily collection. or

External Avenues that you may use if the issue is not resolved:

**Qld Aged & Disability Advocacy** 

Freecall 1800 818 338

Aged Care Quality and Safety Commission

- Freecall 1800 951 822
- agedcarequality.gov.au

#### Shop 8

122-126 Yandilla Street Pittsworth Old 4356

Phone-07 4693 1855

Mon-Fri: 8.30am to 5.30pm Sat: 8.30am to 12.30pm

## PITTSWORTH

PLAZA

or

Chemist



#### Beauaraba Living Pittsworth Ltd





Beauaraba Living Pittsworth Ltd held its Annual General Meeting on Tuesday 12 November 2024.

The rainy weather kept some folk away but approx. 20 people attended.

The Board recorded on the past year and are continuing to adapt to



the rapidly changing aged care landscape.

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The meeting viewed the progress of our fresh website which is under construction.

Alex & Janet say farewell to Kate as she retires from recording the Board Minutes for the past 17 years.

thank you



We welcome your feedback-Tell us how we are going: We always welcome your feedback, this is what guides us as to what is being done well and what can improve. Providing feedback is very easy just Scan this QR Code with your mobile device then follow the prompts. Thank you.

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We offer our valued customers;

Vaccinations V Medicine & Health Checks Leave Certificates V Piercings Webster Packs V Weightloss Program V Free Local Delivery

and so much more!

DON'T FORGET TO FOLLOW US ON FACEBOOK!

ARE YOU A HEALTHY REWARDS MEMBER? SIGN UP FOR FREE TODAY AND START



63 Yandilla Street Pittsworth Monday - Friday 8:30am - 5:30pm Saturday: 8:30am - 12noon

# cains pharmacy

phone: 4693 1028

fax: 4693 1689

email: pittsworthpharm4356@gmail.com



After reaching the decision to 'retire from full time work'

I say goodbye to my current role as Executive Assistant – Chief Executive Officer & Director of Care Services and Administration Manager at Beauaraba Living.

Winding down I have taken some long service leave until my retirement on the 29 November 2024. After being at PDHFS and

Beauaraba Living for the past 18 years, I am very much looking forward to a change of pace! As they say to stop and smell the roses.

Having started in this role, I had no acute hospital or aged care knowledge but through hard work and dedication, three building programs and a lot of skills I had already gained from my long banking and special education careers I quickly adapted. As you can imagine, I have seen many changes in my time, but in my opinion, none as significant or challenging as the current changes occurring in the aged care industry.

I am also truly blessed to have had my mother '*Olive Shone*' come to be a resident with her stay being *11 years*, *9 months* at Beauaraba Living.

I would like to take this opportunity to say that I have met and worked with some truly amazing and dedicated staff during my time at Beauaraba Living. I will miss both the staff and the wonderful residents that call Beauaraba Living home. I also have some treasured memories of current and past board members, residents, staff and their families. I feel privileged to have shared their journeys through aged care and in particular thank Alex Metcalf and Janet Newlands for your support.

Pittsworth is indeed very fortunate to have this facility, with the current Board of Directors leading the team into the future. Thank you all for your support over the past eighteen years.

I wish the Board, Leadership and co-workers all the very best and may find myself as a volunteer at the Op Shop in 2025 after taking a long holiday.





This family owned and operated village offers:

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◆Large 2 bedroom units

BEAUARA

- ◆Beautiful, spacious grounds
- Do as much or as little in the garden as you like.
- + Help on hand for maintenance
- Personal service you can't find in larger villages

Come and see us at **The Grange!** 

## Gifting & Giving

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**Beauaraba Living** has begun undergoing our reaccreditation process. We have submitted our self-assessment which lines up against the Quality Standards. Other elements of the accreditation process we have prepared for are include – waiting \*assessment by a team of registered quality assessors at a site audit and development of a site audit report, \*development of a performance assessment report outlining compliance with the Quality Standards, \*a decision about the service's accreditation by a decision-maker (delegate of the Commissioner), \* issue of an accreditation certificate, the certificate of accreditation may be displayed at the accredited service, \*publication of the performance report and accreditation decision on this website, \*monitoring the quality of care and service at the service and managing any non-compliance with the Quality Standards. **We will keep you informed.** 



## Happiness is .....



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Other Choices of Pastoral Carer | Church Services offered to Beauaraba Living Residents.

Harvest New Life Church — 129 Short Street, PO Box 125, Pittsworth Qld 4356 Pastor Brett Dolly – **0418 615 773** Email: <u>hnlc.pittsworth@gmail.com</u> I call down to Beauaraba from 10:30 - 11:30 am on a fortnightly basis.

<u>Lutheran Church</u>—St Peters Lutheran Church, Pastor Charlie Uebergang, 31 Hadley St, Pittsworth Qld. **Church**. General inquiries **0436 428 212** Beauaraba Living Services held 3rd Friday Monthly. email: <u>pittsworthlp@gmail.com</u>

<u>St. Andrew's Anglican Church</u>—30 Hume St, PO Box 44 Pittsworth Qld Parish Priest :Father Tony Swansson Phone **0439 876 110** email: pittsworth@anglicanchurchsq.org.au BL services 4th Friday monthly. Parish Services: Saturday 6:00pm, Sunday 9:00am.

<u>St. Stephen's Catholic Church Pittsworth</u> 34 Hume Street, PO Box 22, Pittsworth Qld 4356 General inquires—(07) **4693 2559** Mass Times 1st Sunday Liturgy of the Word 8:30am, 2nd Sunday Saturday Vigil 6:30pm, 3rd Sunday Mass 8:30am, 4th Sunday Mass 8:30am. **Parish Priest** Fr Thomas Areekuzhy.

<u>Uniting Church</u>—Rev. Willie Liebenberg Phone: **0477 888 185** email: <u>willie@wkuc.org.au</u> Willie doesn't visit at a set time, but is always available if someone wants to see him. Uniting Church: Worship times: Sunday 9:00 am in Murray Street, Pittsworth Uniting Church. Days could visit: Tuesdays – Fridays contact details in the Tattler: Rev. Willie Liebenberg,15 Briggs St, Pittsworth 4356

Millmerran Bible Baptist Church—<br/>Every Sunday 9:30am - Cultural Centre<br/>School Pastor Brendan Zimmermann43-45 Walpole St Millmerran Qld<br/>\*Bible Preaching \*Hymns \*Bible Study \*Sunday<br/>0422 044 454darlingdowns@trinitybrisbane.org



### **Beauaraba Living Auxiliary.** Beauaraba Living Auxiliary—Op Shop







#### **Beauaraba** Living Auxiliary— Notes **Committee - 2024/25**

Anita Ruhle Chairperson: Vice Chair: Ann Stallman Secretary: Veronica Henricks Treasurer: Barbara Piper **Roster Clerk:** Denise Farrell

**BLA-Op Shop Coordinator :** Kate Hanley \*\*\*\*\*

Hello readers, summer is here, our shelves are fully stocked, so come on in and grab a bargain. SALE



For a better and stronger Pittsworth community info@pittsworth.org www.pittsworth.org

It has been 12 months in October since relocating '94 Yandilla Street Pittsworth' and the shop and donations have kept on growing.

BLA-AGM was held last month, congratulations to volunteers who were re-elected: Anita Ruhle

Chair Vice Chair Secretary Treasurer Roster Clerk Shop Coordinator Kate Hanley

Ann Stallman Veronica Henricks **Barb** Piper **Denise Farrell** 



We have a large range of Christmas clothing, trees, decorations, lights, wrapping paper, cards and lots more to choose from at very reasonable prices. Wishing our customers and the wider community of Pittsworth a Merry Christmas and a Happy and Healthy New Year.

Note -Op Shop closed for 2 weeks

**Tuesday 24 December 2024 at 4pm** reopen Monday 6 January 2025.

Stay safe, happy and healthy ..... Anita



Volunteering can help you make friends, learn new skills, advance your career, and even feel happier and healthier. Learn how to find the right volunteer opportunity for you.



DID YOU KNOW AT CONDAMINE **CLOTHING WE SELL:** 

**Bonds. Sketchers Shoes.** Condamine Men's Pajama's. Slippers. Men's Belts. Men's handkerchiefs. Men's and Ladies Fashion. Men's Braces. Socks. Name tags for your clothes.

Call in and See Paula, Meg, Holly and Macey and Scott for any help. If we have not got it, we will try to get it for you.

Pittsworth District Alliance PO Box 503 Pittsworth QLD 4356

Tourism and Events

E: info@pittsworth.org

E: pittsworthevents@gmail.com

Vision Statement: To build and develop Pittsworth to achieve sustainable economic and lifestyle benefits for the district. To promote the district as an exceptional place to live, work, invest and visit. Mission Statement: That the Pittsworth District Alliance identifies, develops, leads and supports, as appropriate strategically important projects and lobbies for sustainable economic growth that will position this district as an attractive place to live, work invest and visit.

Phone - 0481 353 055

#### The Board finishes off 2024 showcasing all the Board members.



#### Wayne Saal – Board Chair

Wayne joined the board in November 2020 and with Graham Clapham stepping down from chairperson position, Wayne was appointed chair December 2021. Wayne is a lifetime resident in the Pittsworth /Brookstead area where he operates a family dryland farm growing cereal and fibre crops. He has in previous years had roles in Brookstead State School P&C and Qld Graingrowers/Agforce and was involved with a number of grains research projects with both government and industry co-operators.

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#### Craig Drew

Craig lives in Pittsworth with his family. Craig is an HR professional with experience in both the public and private sector. He has qualifications in Human Resources and currently holds a senior Management role within the public sector. He strongly believes that an organisation's most valuable asset is its people and ensuring contemporary human resource practices are employed to achieve a workplace culture that maximises the return on this asset is his passion.



#### **Ben** McIntyre

Ben joined the Board in July 2013. Ben currently works for PB Agrifood accumulating g r a i n for their food grade processing facilities. He also operates a grain farming enterprise at Mt Tyson. Ben was raised and educated in the Pittsworth District before completing a Degree in Rural Science at the University of New England



#### Jason Miller

Jason has 12 years' accounting experience. He is a partner in the Findex Business in Toowoomba. Jason has skills in Financial Statement Analysis, Governance Frameworks and Business probability. Jason has qualifications of Chartered Accountant (CA ANZ), Tax Institute Member and Bachelor of Commerce (USA).

#### Annie Murphy



Annie joined the board in September 2023. After a career in the Queensland Police Service, gaining expertise in public relations, marketing and HR from working in Recruiting, her growing family moved back to her hometown, Pittsworth. Annie lives on a small farm on the outskirts of town, and after completing a Masters of Education, commenced full-time teaching in Pittsworth in 2016. Annie has been involved in numerous committees since returning to Pittsworth and is buoyed by the continued growth and diversification of the community.

#### Ashley Woods



Ashley has enjoyed a long and stimulating career in the Technology industry where his most recent role was that of a Design Architect for a global company which provides solutions to the aviation industry. He focused on network and related passenger processing solutions for airport and have travelled extensively to work with customers throughout Australia, Asia and the Pacific. He grew up on the family property near Oakey, went to school in Oakey, and after several years working in Brisbane moved to Sydney where he has lived most of his adult life. Ashley is now retired living back on the family property.



#### Katrina Meara

Katrina is the newest member of the board, joining at the beginning of the year 2024. Born and raised in Pittsworth, Katrina now lives on a mixed farm at Felton South with husband Shane. Katrina is a registered nurse, with over 30 years' experience in both hospital and aged care settings, and more recently, has been involved in the training of aged care staff. Katrina has a passion for dementia and palliative care, and as such has gained further formal qualifications in both areas.





Phone: 07 4693 2810 Mobile: 0429 890 570 Contractor No: 52 436



Roofing & Guttering

Blocked Drains

QBSA 1175684

0448 772 201

**Pittsworth and Surrounding Areas** 









Rachael Keeley • 07 4693 3968 64 Yandilla Street, Pittsworth QLD 4356 e: info@clovercountry.com.au www.clovercountry.com.au

www.beauarabaliving.org.au

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## **Beauaraba Living** Daniel Team Residents





## Christmas Time



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The Board, Leadership Team, Staff and Residents wish to extend our thanks to you for your friendship and support during the past year. We hope you have a blessed and happy Christmas and New Year.









Along with the new Aged Care Quality Standards that came into effect from 1<sup>st</sup> July 2019 (seen on next page) a new **Charter of Aged Care Rights** has been released for all aged care services. Both of these new legislative documents form part of an exciting shift towards greater consumer involvement and choice within the aged care industry.



Beauaraba Living, along with all other aged care providers, must give consumers (residents) a copy of the new Charter signed by the provider, and ensure that the consumer (resident) or their authorised person has been given a reasonable opportunity to sign a copy of the Charter.

The purpose of requesting the consumer's signature is to allow them to acknowledge they have received the Charter, had assistance to understand it and understand their rights. Consumers (Residents) are not required to sign the Charter and can commence, and/or continue to receive care and services, even if they choose not to sign the Charter. All residents and/or their representatives will be contacted by Beauaraba Living over the coming months to ensure this legislative requirement is met. If you have any questions, please do not hesitate to contact us via the Administration Office.

#### **Charter of Aged Care Rights**

I have the right to:

- 1. safe and high quality care and services
- 2. be treated with dignity and respect
- 3. have my identity, culture and diversity valued and supported
- 4. live without abuse and neglect
- 5. be informed about my care and services in a way I understand
- 6. access all information about myself, including information about my rights, care and services
- 7. have control over, and make choices about, my care, personal and social life, including where choices involve personal risk
- 8. have control over, and to make decisions about, the personal aspects of my daily life, financial affairs and possessions
- 9. my independence
- 10. be listened to and understood
- 11. have a person of my choice, including an aged care advocate, support me or speak for me
- 12. complain free from reprisal, and to have my complaints dealt with fairly and promptly
- 13. personal privacy and to have my personal information protected



## **Aged Care Quality Standards**

## Tattler





Meals on wheels is a community Service to people who are frail aged, younger Disabled, their carers and community members. This service enables people to continue living comfortably in their own homes.

Volunteers deliver meals directly to homes.

## **Contact** 0427 586 684

Inquires for Meals on Wheels

Remember this service is available to everyone to use.



## BEAUARABA LIVING PITTSWORTH LTD

